



3. MATTMARK MEMORIAL 1965



INFORMATION

CORONA MEASURES IN RED (IF NECESSARY)

- ✓ *Currently no Covid certificate required. Can be adjusted (official orders).*
- ✓ *Covid certificate compulsory for the use of the cloakroom, shower and massage. Can change.*
- ✓ *Block starts (half marathon) in groups of up to 250 runners.*
- ✓ *Anyone who feels sick or has symptoms of Covid 19 disease is not allowed to participate in the run.*
- ✓ *We reserve the right to take measures based on official orders in connection with the pandemic development.*

Date: Saturday, 10 septembre 2022
 Registration: www.mattmark-halbmarathon.ch
Open 1st April 2022, from 8 am
 Participants: **Limit of 750 runners** / until 29.08.22
 Start: half-marathon Saas-Balen / Sportplatz
 Lake circuit 8 km dam Mattmark
 finish: all categories dam Mattmark
 time limit: until 3 pm (HM limit: 2pm top of dam)
 awards: 2.30 pm ranking ceremony in the village of Saas-Almagell

PROGRAM / PRICES / TIMES

Mattmark Memorial 1965	Half marathon	Lake-Circuit	Half marathon	Lake-Circ.
FUN (alphabetical order)	CHF 50.-	CHF 35.-	09:30 Uhr	10:00 Uhr
U25, 25+, 40+, 50+, 60+	CHF 50.-	CHF 35.-	Block 1 10:30 Uhr Block 2 10:45 Uhr	10:30 Uhr
Juniors 07-09 (in category U25)	CHF 30.-	---	Block 1 10:30 Uhr Block 2 10:45 Uhr	10:30 Uhr
Juniors 07-18 (U15)	---	CHF 20.-	---	10:30 Uhr



PARKING / ARRIVAL / SHUTTLE SERVICE FOR RUNNERS

Parking spaces are available in Saas-Balen and at the Mattmark dam. The best way to get there is by public transport, according to the Postbus timetable Visp - Saas-Balen - Mattmark.

Free return transport from Mattmark to Saas-Almagell, Saas-Grund, Saas-Fee, Saas-Balen on presentation of the start number.



From the 1st night (SaastalCard) all **PostAuto trips** in the Saas Valley are included. You can also use the **mountain railways** (except Metro Alpin) free of charge. More information at www.saas-fee.ch/de/saastalcard.

BLOCK START

You enter the starting area in running clothing and max. 30 minutes before your start. Hand in your running luggage with warm clothes. In order to reduce the size of the start fields, start blocks are used. The division takes place according to your expected time. You will receive an SMS of Datasport.

The starting blocks must be adhered to for traceability. The timing starts when the timing mat is exceeded.

FINISH

As soon as you have picked up the finish catering (bars), your running baggage and finisher shirt, you leave the finish area. Follow the distance rule.



START NUMBER DISTRIBUTION

Friday, 09.09.22 18:30 – 20:00 in Saas-Balen (HM & See-Runde)
 Saturday, 10.09.22 from 08:30 am in Saas-Balen (Halbmarathon)
 from 09:00 am in Mattmark (See-Runde)

LUGGAGE TRANSPORT AND VALUABLES

Luggage and valuables can be handed in at the gym in Saas-Balen (half marathon) and at the Mattmark dam (lake circuit). They will be transported to the finish area.



WARDROBE / SHOWER / MASSAGE



There are cloakrooms, showers and massage facilities in Saas-Almagell at the sports field. **The SHUTTLE SHUTTLE or the bus will take you there in 5 minutes.** Massages are offered in Saas-Almagell. Toilets are available in Saas-Balen, at the finish and in Saas-Almagell.

CATERING / CANTEEN

There are refreshment stations available on the route (see below). The food must be taken from the table yourself. In the finish area, there is a small refreshment service (bar). **The canteen is in Saas-Almagell, where the ranking is announced.**

RANKING / AWARDS / PRIZES



Overall winner and half marathon winner: Prize worth CHF 600. Functional finisher t-shirt. Great prizes for the top three of each category, ranking list on the Internet. The ranking will be announced from 2:30 p.m. in the village center of Saas-Almagell.

HELP



Walking aids in the form of hiking poles, ski poles and the like are only allowed in the FUN category. You can also run. Alphabetical time list.

Please hand in the start number transponder at the finish. Missing transponders will be charged at CHF 50.-



EMERGENCY CALL: 144



SELF-RESPONSIBILITY / LIABILITY / DOPING

Please consult the regulations at www.mattmark-halbmarathon.ch



ACCOMMODATION

We recommend the following partner accommodations:

Hotels

Pirmin Zurbriggen
Walliserhof
Bristol
Saaserhof
Etoile
Kristall
Mistral
Bergheimat
Schweizerhof
Monte-Moro
Pension Heino
WellnessHostel4000
Christiania Saas-Almagell
Mattmarkblick
Roby

Apartments

Helvetia Apartments
König Immobilien
Adora
Arcadia
Morgenrot
Distel
Dolce Vita
Am Stein / Amsel
Mondelli
Adonis
Am Vogelwald
Alea
The Silver Lining
Apartments: Bellevue...
Weideli
Arcade Apartments & Spa
Apollo / Taxi Zurbriggen



You can find the links to these accommodations on our website.

**further information
and changes**

**[www.mattmark-
halbmarathon.ch](http://www.mattmark-halbmarathon.ch)**

HALF-MARATHON

21.1 km / 810 m up / 90 m down

Verpflegungs- und Versorgungsposten

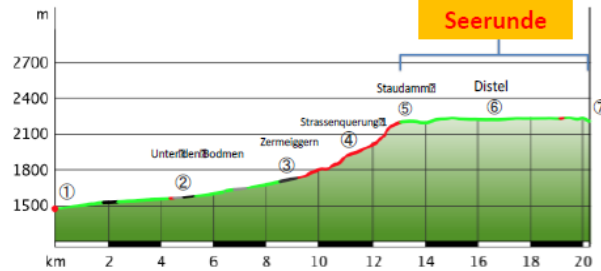
	km	m ü. M.	Wasser	Isostar	Cola	Tee	Bananen	Gel	Riegel	Sanität
① Saas-Balen	Start	1480	✓							
② Unter den Bodmen	5.9	1560	✓	✓						
③ Zermeiggen	9.1	1700	✓	✓		✓				
④ Strassenquerung 1	12.7	1950	✓	✓		✓		✓	✓	
⑤ Staudamm	13.8	2190	✓	✓	✓	✓	✓	✓	✓	+
⑥ Distel	17.3	2230	✓	✓	✓	✓	✓	✓	✓	
⑦ Ziel	21.1	2190	✓	✓		✓				+



Wegeart

Asphalt	0,5km
Weg	13,9km
Pfad	4,4km
Unbekannt	1km
Straße	1,2km

Höhenprofil



LAKE CIRCUIT

8 km / 80 m up / 80 m down

Wegeart

Weg	7,9km
Pfad	0km

Höhenprofil

