



3. MATTMARK MEMORIAL 1965



INFORMATION

date: **Saturday, 11 September 2021**

registration: **www.mattmark-halbmarathon.ch**
opens 1st April, 8am.

participants: **limit of 750 runners**

registration closes: **23rd August 2021**

late registration: not possible

start numbers: **will be sent by post to runners living in Switzerland 10 days before the run**

start: half-marathon Saas-Balen / Sportplatz
 Lake circuit 8 km dam Mattmar

finish: all categories dam Mattmark

time limit: until 3 pm

awards: **2.30 pm ranking ceremony in the village of Saas-Almagell**
 finisher shirt for all runners

specialty: **Free ticket** for the shuttle Mattmark--Saas-Balen upon request by Friday, 10.09.21, to 0041 78 815 18 11.

Half-marathon & Lake circuit (8 km)

women and men	registration fee		starting time	
	21.1 km	8 km	21.1 km	8 km
U20, 20+, 40+, 50+, 60+	CHF 50.-	CHF 35.-	10:30 am	10:30 am
FUN (alphabetical ranking)	CHF 50.-	CHF 35.-	09:30 am	10:00 am
years 2005-08 (in cat. U20)	CHF 30.-	CHF 20.-	10:30 am	10:30 am
years 2009-17 (in cat. U20)	--	CHF 20.-	--	10:30 am

Registration opens 1st April 21 / limited

START NUMBER SHIPPING



Runners living in Switzerland will receive their start number by post. Runners from abroad collect the start number at the information stand in Saas-Balen (half-marathon) or at Mattmarksee (8 km) on the day of the race.

PARKING / ARRIVAL / SHUTTLE SERVICE FOR RUNNERS



Parking spaces are available in Saas-Balen and at the Mattmark dam. The best way to get there is by public transport, according to the Postbus timetable Visp - Saas-Balen - Mattmark. **Upon request, runners will be given a free ticket for the bus from the Mattmark Dam back to Saas-Almagell and Saas-Balen (message by Friday, September 10th to 0041 78 815 18 11).**

LUGGAGE TRANSPORT AND VALUABLES



Luggage and valuables can be handed in at the gym in Saas-Balen (half-marathon) and at the Mattmark dam (lake circuit). They will be transported to the finish area.

RANKING / AWARDS / PRIZES



Overall winner and half marathon winner: Price worth CHF 500.-. Functional **finisher t-shirt** (you will receive it after the finish), prizes for the **three best of each category**, ranking list on the Internet. The ranking ceremony will take place at 2.30 pm in the village of Saas-Almagell.

WARDROBE / SHOWER / MASSAGE



Cloakrooms are provided in Saas-Balen and Saas-Almagell. Showers are in Saas-Almagell. You can get there easily within 5 minutes by the SHOWER-SHUTTLE. You can also have a massage there.

CATERING / CANTEEN

There are also food stations on the route (see below). Small meals are offered in the finish area (bars).

There is a canteen in Saas-Almagell.



HELP

Walking aids in the form of hiking poles, ski poles and the like are only allowed in the FUN category. You can also run. Alphabetical time list.



EMERGENCY CALL: 144



SELF-RESPONSIBILITY / LIABILITY / DOPING

Please consult the regulations at www.mattmark-halbmarathon.ch

ACCOMMODATION

We recommend the following partner accommodations:

Hotels

Pirmin Zurbriggen
Walliserhof
Schweizerhof
Saaserhof
Bristol
Etoile
Kristall
Mistral
Bergheimat
Monte-Moro
Pension Heino
WellnessHostel4000
Christiania Saas-Almagell
Mattmarkblick
Roby

Apartments

Helvetia Apartments
König Immobilien
Adora
Arcadia
Morgenrot
Distel
Dolce Vita
Am Stein / Amsel
Mondelli
Adonis
Am Vogelwald
Alea
The Silver Lining
Apartments: Bellevue...
Weideli
Arcade Apartments & Spa
Apollo / Taxi Zurbriggen



You can find the links to these accommodations on our website.

**Further information and
changings:**

**[www.mattmark-
halbmarathon.ch](http://www.mattmark-halbmarathon.ch)**



HALF-MARATHON

21.1 km / 810 m up / 90 m down

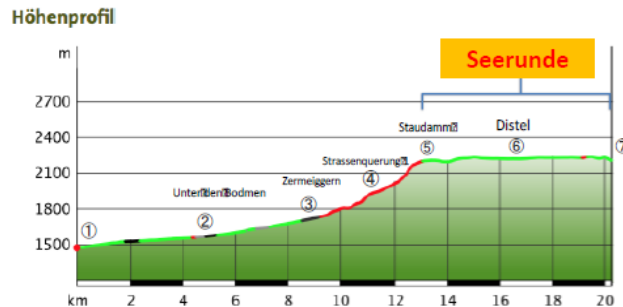
Verpflegungs- und Versorgungsposten

	km	m ü. M.	Wasser	Isostar	Cola	Tee	Bananen	Gel	Riegel	Sanität
① Saas-Balen	Start	1480	✓							
② Unter den Bodmen	5.9	1560	✓	✓						
③ Zermeiggern	9.1	1700	✓	✓			✓			
④ Strassenquerung 1	12.7	1950	✓	✓			✓		✓	
⑤ Staudamm	13.8	2190	✓	✓	✓		✓	✓	✓	+
⑥ Distel	17.3	2230	✓	✓	✓		✓	✓	✓	
⑦ Ziel	21.1	2190	✓	✓		✓				+



Wegeart

Asphalt	0,5km
Weg	13,9km
Pfad	4,4km
Unbekannt	1km
Straße	1,2km



LAKE-CIRCUIT

8 km / 80 m up / 80 m down

